



# City of Burnsville

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[www.burnsville.org](http://www.burnsville.org)

**FOR IMMEDIATE RELEASE**

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## **MULTIPLE EVENTS SCHEDULED FOR OLDER ADULTS DURING I LOVE BURNSVILLE WEEK**

*I Love Burnsville Week is June 2 – 9*

Burnsville residents who are young at heart are invited to show their love for their community during multiple *I Love Burnsville Week* events.

### **Burnsville YMCA Open House – Monday, June 4**

Participants can experience many of the YMCA's amenities, including fitness equipment, pool, whirlpool and sauna – as well as free fitness classes such as SilverSneakers Classic, Water Exercise and Yoga.

**Who:** Ages 55+  
**When:** Monday, June 5 | Call 952-898-9622 for hours  
**Where:** Burnsville YMCA | 13850 Portland Ave. S.  
**Cost:** FREE for adults 55+ (*please bring photo ID*)

### **Intro to Pickleball – Tuesday, June 5**

All ages are invited to get a taste of the popular sport of pickleball. Equipment will be provided, and experienced players will be on hand to help out beginners. A great event for grandparents/grandkids!

**Who:** All ages  
**When:** Tuesday, June 5 | 10 a.m. - noon  
**Where:** North River Hills | 11501 19<sup>th</sup> Ave.  
**Cost:** FREE

Registration is encouraged, but not required at [www.burnsville.org/recreation](http://www.burnsville.org/recreation) (click "Online Registration") or by calling 952-895-4500.

### **Fitness Party in the Park – Wednesday, June 6**

Kick off summer with a fitness party in the park. This fun event will include a walk, fitness demonstrations, wellness education, lunch and a band to help you get your boogie on!

**Who:** Ages 62+  
**When:** Wednesday, June 6 | 9:30 a.m. – 1:30 p.m.  
**Where:** Nicollet Commons Park | 12550 Nicollet Ave.  
**Cost:** FREE with pre-registration; \$5 at event (*morning snacks and lunch included*)

Register by June 1 at [www.burnsville.org/recreation](http://www.burnsville.org/recreation) (click "Online Registration") or by calling 952-895-4500.

(more)

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**Walk in the Woods – Thursday, June 7**

Meet fellow nature enthusiasts and see what Burnsville’s hidden gem, Crystal Lake West Park, has to offer. During this casual walk, a naturalist will be on hand to answer questions about plants and animals. Expect to walk up to one mile on gravel and packed dirt trails with a few hills. Bring binoculars!

**Who:** Ages 62+  
**When:** Thursday, June 7 | 9 – 10:30 a.m.  
**Where:** Crystal Lake West Park | 11 Crystal Lake Road E.  
**Cost:** FREE

Register by June 4 at [www.burnsville.org/recreation](http://www.burnsville.org/recreation) (click “Online Registration”) or by calling 952-895-4500.

**Burnsville Senior Center Ice Cream Social – Thursday, June 7**

Cool off at the Burnsville Senior Center during their open house and ice cream social. All ages are welcome to stop by for a FREE ice cream treat.

**Who:** All ages  
**When:** Thursday, June 8 | 2 – 4 p.m.  
**Where:** Burnsville Senior Center | 200 W. Burnsville Parkway  
**Cost:** FREE

Register for programs at [www.burnsville.org/recreation](http://www.burnsville.org/recreation) (click “Online Registration”) or by calling 952-895-4500. For more information on I Love Burnsville Week visit [www.burnsville.org/love](http://www.burnsville.org/love).

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